



Guaranteed ■ Measurable
Leadership Growth



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"My greatest joy in coaching comes when I see leaders becoming their best self, achieving true, deep-seated growth. It's amazing to watch this growth benefit not only their company and team, but also manifest in their personal lives. This helps sustain their growth. I love that the work we do in coaching allows leaders to increasingly lead with skill and courage, finding greater balance and peace. I've seen that it is possible for a leader to make positive and sustainable change."

Emily has several years of experience working both internally and externally in organization development as an executive coach, facilitator, change practitioner, and trainer. Her experience includes higher education, tech, startups, manufacturing, healthcare, large corporations, and nonprofits. She is passionate about supporting leaders in their efforts to become their best self as a leader.

Her expertise in coaching leaders is behavioral change, working with both leaders and their teams in organizations such as Asahi Kasai, Adobe, and Westminster College. Based on this experience, Emily is at home working with vice-presidents, directors, entrepreneurs, politicians, and high-potential women.

Prior to coaching, Emily worked for the State of Arizona as a Senior Performance Auditor and the University of Utah Hospitals and Clinics as part of their Organization Development team. Clients describe her as exceptional, engaging, easy to work with, uplifting and positive, and focused on moving clients to action.

Emily holds a master's degree in Public Administration and specialized certification in Nonprofit Leadership and Management from Arizona State University. She is accredited by the International Coaching Federation, and is one of a world-wide web of 2,500 coaches certified to use Marshall Goldsmith Stakeholder Centered Coaching for both individuals and teams. Her coaching education includes co-active coaching and she has done special interest study in the neuroscience behind why coaching works.