

## 16 Common Signs You Need a Coach

- 1. You strive to be the best leader you can be.
- 2. You feel stuck.
- 3. You think you're always right.
- 4. You've received consistent performance feedback that's not positive and you can't seem to change it.
- 5. There is a disconnect between how well you think you are doing and how your boss thinks you're doing.
- 6. You seem to be at the center of disagreements.
- 7. You have a habit you want to change but haven't been able to.
- 8. At work, you are technically competent, but with people, not so much.
- 9. You've never received 360 feedback.
- 10. The team you lead consistently is not meeting its goals.
- 11. There is backbiting and politics on your team.
- 12. It is difficult for you to get curious about another person's opinion.
- 13. You are a high performer tagged to take over a bigger role and want to improve your leadership.
- 14. You don't think there is anything that could make you a better leader.
- 15. You believe coaching is for other people.
- 16. You have been passed up for a promotion and want to improve your chances next time.

©Leadership Outfitters

