



Guaranteed ■ Measurable
Leadership Growth



MARY-MARTHA BAHN

Certified Executive Coach

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"Everyone has the wisdom they need inside themselves; a coach helps them tap into that wisdom and potential. I love working with teams and groups and never cease to be amazed at the breakthroughs that occur in group workshops and coaching."

Throughout her career spanning corporate America and higher education, Mary-Martha has focused on creating spaces where people can thrive and bring their best selves.

Mary-Martha has over 20 years of Human Resources experience, working in both corporate HR and as a consultant. As the Vice President of HR for a large financial services company, she focused on developing and implementing innovative programs that developed one of the company's most important assets—their employees.

She became a certified coach in 2004 and opened her own coaching and consulting business in 2005, working with HR leaders to achieve breakthroughs for themselves and their teams.

Most recently, Mary-Martha worked in the Career Services center at Montana State University, putting her years of corporate experience to work to help students prepare for the world of work. She found it challenging and refreshing to be “on the other side of the desk” and see the corporate world from the eyes of its newest recruits.

Her first love is, and remains, working with leaders and their teams. She believes that we all spend so much of our waking hours at work, that it benefits everyone for that environment to be a positive one. Creating that climate begins with the people. For this work, she has found no better product to start the conversation than Insights Discovery. She loves the common language it creates, and the deep insights individuals gain about themselves and those around them.

Mary-Martha holds a Master's degree from Vanderbilt University. She is a certified coach through the Hudson Institute of Santa Barbara and is certified in the MBTI and Insights Discovery. She currently resides in the Netherlands and works with her clients via Zoom.