



Guaranteed ■ Measurable  
Leadership Growth



## KYLEENE RUTH

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*“At times, leadership can feel like a lonely endeavor. What excites me about coaching is the opportunity to partner with leaders and teams in a way that helps them assess where they are today and craft a plan for where they want to go in the future. The journey toward self-improvement includes personal discovery and behavioral change. It is intense work; but you do not have to do it alone. I invite you to learn more about me and how I can help you and your team achieve results.”*

Kylene spent her young adult life as a collegiate athlete, student, and peer leader who benefited from individual and institutional investment in her overall wellness and personal development. This experience inspired her academic studies, influenced her desire to lead Airmen in the United States Air Force, and underpins her zeal for coaching leaders and teams.

Kylene served for 20 years in the U.S. Air Force as an aircraft maintenance officer, instructor, and commander leading teams of hundreds of highly trained military professionals charged with accomplishing no-fail missions, at home and deployed. During this time, she witnessed how an individual's exposures, experiences, and education work in cooperation with their “nature” to determine how they think, feel, and act. Kylene believes leaders can influence these factors and create lasting positive change in themselves and their teams. Through repeated purposeful action, leaders can create a climate that allows every teammate to optimize their performance.

Kylene's passion lies in coaching leaders to move beyond their efforts to procure the best equipment and design the best processes, to a place where they also recognize the impact of their behaviors on the people in their sphere of influence. She uses Insights Discovery as one tool for improving self-awareness and providing ways to adapt individual behavior to boost interpersonal relationships. Kylene's experience taught her the high value of professional teammates; therefore, she employs the Stakeholder Centered Coaching methodology which includes involving stakeholders in leadership development.

Kylene holds a Master of Science Degree in Educational Psychology from Florida State University, a Master of Military Operational Art and Science Degree from Air University, and a Bachelor of Science Degree in Behavioral Sciences - Human Factors Engineering from the United States Air Force Academy. While serving in the military, she completed several professional leadership education courses. She also received certification and served as an instructor at the Advanced Maintenance and Munitions Operations School and taught courses for the Department of Leadership and Strategy at the Air Command and Staff College. Kylene completed her coaching certification through the Marshall Goldsmith's Stakeholder Centered Coaching program and is a Licensed Practitioner for Insights Discovery. She happily resides in East Helena Montana with her husband and two adventurous school-age sons.