

JULIE PUENTES, M.S.

Working in what she calls "her ideal career", Julie is devoted to partnering with clients to develop their leadership abilities and use them effectively in their jobs, communities, and lives. Committed to the principles of self-awareness and emotional intelligence, she helps people see and feel their impact on others and act with clear intention and purpose.

Julie has combined her life-long passion for horses with her knowledge of psychology and leadership to bring unique and pioneering approaches to learning and development in her coaching and leadership work. In addition, she is the Founder of HorseLink, a non-profit horse sanctuary offering equine-assisted programs to veterans and other populations navigating difficult life challenges. She is an approved facilitator in Equine-Assisted Leadership, has a Master of Science degree in Organizational Leadership and Ethics from St. Edward's University, and a Bachelor of Arts degree in Psychology from the University of Texas.