



Megan Brummel

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“Working with leaders, teams, and individuals has allowed me to see the unique value each person brings to the many parts of their life. Being aware of this puts me in a state of awe and wonder when it comes to all the people I haven’t met—what amazing things we can accomplish and what opportunity is available for us to do so, as long as we allow ourselves to realize it. Do you know what unique value you have to bring to this world?

Do you know what could be preventing you from providing more value than you thought you could? I can help you figure that out.”

With a background in education, Megan Brummel has always believed in the value and power of personal growth, development, and self-awareness. She leads with a growth mindset. This belief led her to take the leap out of education and into the business world to apply and focus on just that.

In 2019, Megan joined Leadership Outfitters, an executive coaching company, to manage client services, allowing her to get involved in the world of coaching. Since Insights Discovery Personal Profiles are used in all coaching engagements at Leadership Outfitters, Megan immersed herself in over 40 sessions, both virtual and in-person, to learn how to apply this tool in leadership effectiveness. Building on this involvement, Megan became an Accredited Insights Discovery Practitioner in April 2021 which has all led to her current role as Director of Insights at Leadership Outfitters.

Her passion is evident in the 30-plus sessions she has facilitated since her accreditation. She uses the Insights Discovery tool to inspire leaders and their teams by identifying the transformative power that lies behind our behavioral preferences. As Director of Insights, Megan provides aid and counsel to other Insights Discovery Client Practitioners in preparing for their own facilitated sessions.

Through her involvement with the other coaching programs Leadership Outfitters provides—Stakeholder Centered Coaching, Women’s Leadership Communities, and Coaching Intensives—Megan has become a student of personal and leadership effectiveness using the tools and practices from those programs. She has consistently applied this knowledge to her own personal growth and behavioral change, enabling her to offer authentic experiences and stories to clients.

As a result of this rich environment of growth, Megan has chosen to become a coach herself through Newfield Network’s coaching program and the International Coaching Federation. She completed the Newfield Network’s *Coaching for Personal and Professional Mastery* program in November 2022 and plans to continue working towards her Newfield Coaching Certification as well as her Associate Coaching Certification with the ICF to enhance her Insights Discovery facilitated sessions with coaching options. Her mission in life? To inspire others to own the power they have in choosing behaviors that produce the results they want.

Megan resides in Livingston, Montana outside the Paradise Valley where she and her husband enjoy hiking and camping with their dog, Greta.